

Volunteer Role Profile – Activity Champion

Summary of role

The role of Activity Champion is to help complement the work of the Activity Coordinator by promoting meaningful activities for patients admitted to care of the elderly wards.

Description of tasks

- Speak with the patient and/or use the 'Important things about me' booklet to identify patient preferences in regards to activities
- Encourage patients to engage in appropriate activities on a 1:1 and/or group basis with the support of the named nurse/activities co-ordinator.
- Be able to adapt activities to ensure everyone is involved.
- Help with the setting up and clearing of the activities before and after each session

Hours/Time Commitment/Duration

Volunteers are asked to cover shifts Monday-Sunday

Please note days/hours may be interchangeable. There is some scope for flexibility.

We do ask for a minimum commitment of 2 hours per week for a period of 6/9 months.

Location and Site

Various wards at Ealing Hospital

Responsible to

Dementia Specialist Nurse / Activity Coordinator / Dementia Champions

Skills and Abilities

- Excellent listening and communication skills
- Calm manner and pleasant approach
- Ability to use initiative and think on your feet
- Patience and sensitivity with people who are distressed, confused, have difficulty with English
- Reliable and flexible
- Understanding of confidentiality

Training and Support

- Trust Induction
- Induction to ward/department
- Relevant training will be given on all aspects of the role
- Support, advice and guidance from the Volunteer Service, Activities Co-ordinator and Lead Nurse Older People and Dementia Services / Dementia Champions
- Support via Volunteer Forums/Coffee Mornings
- Regular supervision/peer support

Benefits to volunteer

- Opportunity to develop new and existing skills
- Meet new people
- Satisfaction of knowing you are making a vital difference to the work of the ward/department

Dress Code

We will be introducing uniforms to enable our volunteers to be easily identified to visitors, patients and staff. Volunteers will be required to wear these t-shirts.

- ID badge and volunteer lanyard must be worn at all times
- All volunteers are expected to follow the Dress Code Policy

Contact

Volunteer Service, Northwick Park Hospital
Tel: 020 8869 2425/3065 Email: LNWH-tr.voluntaryservices@nhs.net

Notes/Specific requirements

Volunteers in ward areas must wear clothing that allows their arms to be bare below the elbow.